Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
0-6 months	☐ Alert for up to 45 minutes. ☐ Looks around in new situations. ☐ Wants to touch, hold, turn, shake and mouth objects. ☐ Studies movement of own hands ☐ Explores own face, eyes and mouth with hands. ☐ Holds one block, looks at second; drops first to take second. ☐ Repeats actions to entertain self.	☐ May become excited in anticipation of objects. ☐ Vocalizes pleaser and displeasure. ☐ Can discriminate among voices, people, tastes, and size of objects. ☐ Recognizes breast or bottle, and squirms in anticipation. ☐ Gurgles and coos in response to sounds. ☐ Deliberately imitates sounds and movements. ☐ Utter vowel sounds and a few consonants. ☐ Initiates several tonal sounds. ☐ Is interested in making new sounds. ☐ Can squeal, grunt and make a raspberry sound.	☐ Picks out mother's voice from a group of others. ☐ Interested in sounds. ☐ Stops sucking to listen. ☐ Turns head and neck to find source of sound. ☐ Distinguishes speech from other sounds. ☐ Can discriminate self form others in mirror. ☐ Leans over to look for fallen object. ☐ Can recognize object when part of it is covered (peek-a-boo) ☐ Turns when own names is heard.	☐ Quiets when held, sees faces, or hears voices. ☐ Prefers to watch people instead of objects and is excited ☐ Smiles and vocalizes more to an actual face than to an image. ☐ Smiles and vocalizes to gain attention and make social contact. ☐ Watches a person alertly and directly. ☐ May laugh/chuckle. ☐ Crying decreases. ☐ Reacts differently to each parent. ☐ Begins to differentiate family members. ☐ Tries to attract attention when a parent or sibling is nearby. ☐ May interrupt feeding with play. ☐ Will protest and resist someone who tries to take toy away.	☐ Sucks at sight of breast. ☐ May be ready to start solid food (4-6 mo) ☐ Can be quieted with music. ☐ Attempts to sooth self by sucking on fingers or a pacifier ☐ Begins to enjoy taking a bath. ☐ May prefer a particular toy.	☐ Moves arms and legs together simultaneously. ☐ Moves arms and legs together smoothly. ☐ Brings whole body up compactly when picked up. ☐ Leans on elbows while on stomach. ☐ May hold and wave a toy. ☐ Holds head at 90% angle when on stomach. ☐ May bat at object with closed fist. ☐ Holds head steady and erect for short periods. ☐ May roll over from back to stomach or stomach to back. ☐ May make swimming motions resulting in movement ☐ Brings feet to mouth may suck on toes.	☐ Visually tracks from one side of the body to another. ☐ Visually tracks toys that move in a circle. ☐ Holds object for a few seconds. ☐ Holds object between index finger and second finger. ☐ Holds bottle with both hands. ☐ Grasps large ring. ☐ Clasps fingers and hands in play. ☐ Can turn hand in all directions. ☐ Splashes and plays in bath. ☐ Pulls dangling object towards and brings to mouth. ☐ Plays with rattle if placed in hands.

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
0-6 months				Nonverbal Cues: ☐ May smile when you smile. ☐ Smiles easily and spontaneously. ☐ Waves arms to be picked up. ☐ Smiles at self in mirror. ☐ Imitates sticking out tongue and facial expressions. ☐ Adjusts responses to different people. ☐ May cry if playing is disrupted. ☐ Shows different emotions such as happiness, unhappiness, even a temper. ☐ May have abrupt mood changes		☐ May move by rocking, twisting. or rolling. ☐ Aims well when reaching. ☐ When lying on back, moves by kicking against a flat surface. ☐ Sits up supported for up to 30 minutes ☐ Reaches with one arm. ☐ May bend him/herself almost into sitting position when rolling from back to side. ☐ Turns head freely.	

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
7-9 Months	☐ Likes to explore body with mouth/hands. ☐ May compare two objects ☐ May be afraid of heights ☐ Likes looking at objects upside down. ☐ Can concentrate attention. ☐ Looks for dropped object. ☐ Looks for objects when they are hidden ☐ Follows simple instructions. ☐ Remembers game that was played the previous day. ☐ Shows a greater interest in details ☐ Begins to learn the implications of own actions. ☐ Objects when something is taken away ☐ Deliberately chooses a toy for play	☐ Likes to play with food. ☐ Plays vigorously with noise making toys (bell/rattle). ☐ Likes to say "ma, mu, da, di". ☐ May say "mama" or "dada" as names. ☐ Vocalizes several sounds in one breath. ☐ Imitates sounds and series of sounds (such as cough or hiss) ☐ Recognize photo of self ☐ Imitates people and behaviors, out of sight and earshot.	☐ Understands simple instructions. ☐ Responds to name.	☐ Cries when parents leave the room ☐ May be disturbed by strangers ☐ Grows board with repetition ☐ Performs for audiences; repeats acts if applauded ☐ Enjoys games such as "so big" or "catch me" ☐ Recognizes family members. ☐ Shows humor ☐ Pats, smiles, or tries to kiss image in mirror ☐ Wants to be included in social interaction ☐ Resists doing something undesirable. ☐ Shouts for attention. ☐ Doesn't like to be confined. ☐ Wants to play near parent.	☐ Holds own bottle. ☐ Holds cup handle. ☐ Sips from a two handled cup with assistance. ☐ Displays interest in feeding self with fingers. ☐ Feeds self cracker or small food ☐ Solves simple problems such as getting an object by pulling it. ☐ May chew fingers and suck thumb.	☐ Moves by propelling self on stomach with legs and steering with arms. ☐ May be able to sit alone ☐ Grasps, manipulates, mouths, and bangs on objects. ☐ Balance head well ☐ Turns over easily ☐ Use furniture to pull self to standing position. ☐ Rolls over to move around the room. ☐ May rise and lower buttocks while lying on back ☐ Pushes up on hands and knees; rocks back and forth.	☐ Rotates wrist to turn objects. ☐ Begins to pass object from hand to hand. ☐ Can hold and manipulate one object while watching another. ☐ Follow a quickly moving object with eyes. ☐ Can rake a small object with fingers, than pick it up with fist. ☐ Approaches large objects with both hands. ☐ Can pick up and manipulate two objects, one in each hand. ☐ Reaches for small objects with fingers and thumbs.

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
7-9 Months		.		Nonverbal Cues ☐ Pushes away undesirable objects. ☐ Points with finger. ☐ Shakes head "no". ☐ Protects self and possessions ☐ Is learning the meaning of "no" by tone of voice used ☐ Mimics other people's mouth and jaw movements. ☐ Begins to evaluate people's moods.		☐ May crawl forward and/or backwards (with tummy off floor) rather than creep. ☐ Crawls with one hand holding something. ☐ Climbs, crawls up stairs. ☐ Can turn around when crawling. ☐ Pull self to standing position ☐ Stands with hands free if leaning against object. ☐ If held in standing position, puts one foot in front of the other as if walking ☐ Can take a few steps if supported ☐ Sits well in chair ☐ Claps and waves hands. ☐ Clasps hands ☐ Bangs objects together at center of body.	

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self-Help	Gross Motor Skills	Fine Motor Skills
10-12 Months	☐ interested in fitting things together ☐ Likes to take things apart and put them back together ☐ Opens drawers and cupboards to explore contents ☐ Experiments with means to a goal, such as using a large wheeled toy for a walker ☐ Searches for an object that they see hidden	☐ May repeat word incessantly making it an answer to every question ☐ Speaks few intelligible words ☐ Speaks long babbling sentences with full inflection ☐ Imitates sounds	☐ Follows simple directions ☐ Recognizes words as symbols for objects- e.g., knows cow "moos"	☐ Enjoys playing in water ☐ Increasingly imitates actions of others ☐ Asserts self among siblings ☐ Prefers one of several toys ☐ Repeats sounds and gestures to get attention ☐ Seeks social approval; seeks companionship and attention ☐ Fears strange places ☐ Enjoys games, such as hide-and-seek, rolling back and forth in floor ☐ Drops objects for someone else to pick up ☐ Does not always cooperate ☐ Withdraws from strangers ☐ Seeks approval	☐ Can feed self entire meal. ☐ Holds out arm or leg to help with dressing ☐ Holds a cup and drinks from it ☐ Unties shoe laces ☐ Starts to use a spoon – lots of spilling. ☐ Pulls off shoes and socks.	☐ Stands with little support ☐ May wake up during the night to practice standing. ☐ Walks holding on with both hands. ☐ Begins to show preference for one hand ☐ Sits down from standing position. ☐ Rises to a standing position ☐ Climbs up and down from chairs ☐ Cruises furniture ☐ Leans over while standing / squats and stoops ☐ Takes first steps without holding onto anything. ☐ May stand on toes.	☐ Voluntarily releases objects ☐ Grasps tiny objects with thumbs and index finger ☐ Can carry two small objects in one hand ☐ Reaches behind self to get a toy without seeing it. ☐ Picks up cereal ☐ Deliberately places objects ☐ Nests objects such as boxes or cups ☐ Turns page of book ☐ Lifts lid from boxes

	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self-Help	Gross Motor Skills	Fine Motor Skills
10-12 Months				☐ Engages in parallel play with other children. Nonverbal Cues: ☐ Waves bye-bye ☐ Responds to music by rocking, bouncing, swaying, humming ☐ Can imitate speech rhythms, inflections and facial expressions ☐ Shows moods, such as hurt, happy, sad, angry ☐ Imitates facial expressions ☐ Tries to avoid disapproval ☐ Shows guilt.			

Age	Academic	Expressive Communication	Receptive Communication	Social Skills	Self Help	Gross Motor Skills	Fine Motor Skills
12-18 Months	☐ Searches for hidden object if they haven't seen it but remembers last location ☐ Has normal tantrums ☐ Learns correct use of a toy, such as pegboard and hammer, telephone	☐ Can Indicate wants by asking or gesturing rather than crying. ☐ Combines 2 words ☐ Identifies 5 pictures by naming. ☐ Uses 50+ single words. ☐ Vocabulary made up chiefly of nouns ☐ Speaks clearly 50% of the time. ☐ Says, "What's that?"or "That?"	☐ Identifies animals in pictures. ☐ Responds to directions ☐ Understands much of what is said to him ☐ Points to one body part when asked ☐ Follow a 2-step verbal command without gestures	☐ Gives attention and affection to humans and favored objects. ☐ Kisses on request. ☐ Protests when separated from parents. ☐ Fears strange people and places. ☐ Gives and takes a toy. ☐ Demand more help than necessary because it is easier. ☐ Cares for doll or soft toy by hugging, cuddling, feeding. Nonverbal Cues: ☐ Watches faces of others for emotions ☐ Can follow a point ☐ Points to desired objects ☐ Nods head to say yes or I understand.	☐ Starts to undress self ☐ Brushes teeth with help. ☐ Resists being fed and insists on feeding self ☐ Refuses to eat new foods ☐ Resists napping ☐ Reduces naps to once per day ☐ Controls drooling ☐ Returns cup to table after drinking ☐ Sucks from straw ☐ Puts spoon in mouth without turning it upside down ☐ Unzips non-separating zipper	☐ Walks without help. ☐ Climbs up and down stairs easily ☐ May get to standing position by pushing up from a squatting position ☐ Displays some combination of standing, walking and cruising ☐ Climbs out of crib or playpen. ☐ Builds a tower of 4 cubes ☐ Kicks a ball forward	☐ Prefers to use one hand over the other ☐ Takes covers off containers ☐ Puts an object into a container ☐ Bends over and pick up an object ☐ Throws a ball overhand

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
19-24 Months	☐ Points to eyes, ears, nose, and mouth when asked ☐ Looks at a storybook with adult, naming or pointing to familiar objects or upon request ☐ Spontaneously names objects ☐ Activates toy without adult demonstration ☐ Looks for familiar person who has left the room ☐ Turns pages in book ☐ Inserts shapes into matching slots	☐ Names 6 body parts ☐ Able to use at least 2 prepositions (i.e., in, on, under) ☐ Uses 2 pronouns correctly (I, Me, You) ☐ Uses 2-3 word sentences (some mix of noun/verb)	☐ Responds to directions "Show me…"	☐ Parallel Plays ☐ Enjoys pretend play ☐ Refers to self by name ☐ Imitates other kids actions ☐ Carries on a conversation for 2 to 3 sentences	☐ Washes and dries hands ☐ Removes socks, hats, and shoes ☐ Drinks from open cup with some spilling	☐ Jumps up getting two feet off ground ☐ Builds a tower of 6-8 cubes ☐ Scribbles with crayon ☐ Can bend over and pick something up without falling down	☐ Draws a vertical line in imitation

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
25-36 Months	☐ Identify 4 colors. ☐ Counts 1 block ☐ Asks "why" questions ☐ Asks "Where" questions	☐ Identifies 4 pictures by naming them ☐ Describe the use of 2 objects. ☐ Uses 2 adjectives. ☐ Can answer simple questions (what, where, and why) ☐ Speaks clearly 75% of the time. 30+ months ☐ Identifies 8 pictures by naming ☐ Adds "ing" to words ☐ Uses 4 word sentences ☐ Uses possessive nouns (mine) ☐ Uses pronouns to refer to self and others (I, you, me) ☐ Uses past tense	30+ months ☐ Can answer questions such as, "What must you do when you are sleepy, hungry, cool, or thirsty?" ☐ Comes from another room when called	☐ Names one friend using proper name ☐ Associatively Plays 30+ months ☐ Cooperatively plays	☐ Puts on a t-shirt. ☐ Removes coat, shirt, and diapers ☐ Unbuttons buttons ☐ Dries hands without assistance	☐ Walks on tip toes ☐ Walks a straight line ☐ Balances on each foot for 1 second ☐ Runs well – rarely falls 30+ months ☐ Dresses without help. ☐ Washes and dries own hands ☐ Uses fork for cutting ☐ Unsnaps snaps ☐ Knows which faucet is hot/cold ☐ Walks alone downstairs (non-alternating) ☐ Walks up stairs (alternating feet) ☐ Jumps up with both feet off the floor (9 inches) ☐ Pedals a tricycle	☐ Catches a large ball

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
3 Years	☐ Understands concept of who, what, where, when, and why questions ☐ Can count 2-3 objects ☐ Can correctly answer sex, name, and age ☐ Asks a lot of why questions	☐ Talks in complete sentences of 5+ words ☐ Knows over 1000 words ☐ Verbs begin to predominate ☐ Uses past tense ☐ Uses plurals ☐ Uses negative phrases	☐ listens to short stories ☐ Follows 2 unrelated directions (put your cup on the table and hang up your coat)	☐ Enjoys making others laugh and being silly ☐ Begins to take turns ☐ Takes pleasure in doing simple favors for others	☐ Dresses mostly independently ☐ Puts on shoes (but does not tie them) ☐ Uses the toilet with some help ☐ Unbuttons large buttons	☐ Draws a circle and square ☐ Throws a ball overhead ☐ Hops on one foot ☐ Pedals a tricycle ☐ Climbs ladders ☐ Uses slides independently ☐ Walks on a circular line	☐ Puts together a 5-6 piece puzzle independently ☐ Scribbling that looks like writing ☐ Makes circles and squares ☐ Copies H & T ☐ Pats play dough making round and snake shapes ☐ Strings ½ inch beads ☐ Winds up toy (42 mo) ☐ Threads small beads on a string (42 mo)

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
4 Years	☐ Places objects from smallest to largest and shortest to longest ☐ Recognizes some letters ☐ Asks lots of questions ☐ Recognizes patterns ☐ Knows full name, address, and phone number ☐ Understands concept of soon and later ☐ Paints / draws with purpose ☐ Understands a sequence of events ☐ Can recognize obvious missing parts of a picture ☐ Knows answer to simple questions such as "what do you do when…"	☐ Speaks in fairly complex sentences ☐ Adds "ed" to the end of words such as "He hurted me" ☐ Carries on elaborate conversations ☐ Recognizes familiar words on signs or in books (such as stop) ☐ Counts aloud from 1-7 (but not always in right order)	☐ Attends to short stories and can answer simple questions about the story ☐ Understands most of what's being said to him/her	☐ Enjoys playing with other kids & communicates easily with them. ☐ Takes turns and shares most of the time ☐ Understands and obeys simple rules ☐ Changes the rules of a game as s/he goes along ☐ Capable of feeling jealous ☐ Fearful of the dark and monsters – begins to understand danger ☐ Has difficulty separating make believe and reality ☐ May name call and tattle freely	☐ Uses fork, spoon, and knife well ☐ Can feed self, brush teeth, comb hair, and wash with little or no assistance	☐ Jumps over small object (5-6 inches) ☐ Catches, bounces, and throws a ball easily ☐ Runs around obstacles ☐ Can start, stop, and turn when running ☐ Hops on one foot ☐ Peddles and steers tricycle ☐ Carries a cup of liquid ☐ Catches ball with arms bent ☐ Skips on 1 foot (gallops forward) ☐ Hangs from a bar (54 mo) ☐ Can kick a ball in motion	☐ Builds towers of 11 or more blocks ☐ Copies crosses ☐ Can cut on a line ☐ Uses a tripod grasp ☐ Folds paper on creases ☐ Carries a cup of liquid ☐ Draws figures that represent people (2 body parts) ☐ Holds paper with one hand while writing ☐ Holds paint brush with thumb and fingers ☐ Copies simple words (54 months)

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Nonverbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
4 Years	☐ Knows function of objects "Why do we use a fork?" ☐ Can stick to a topic when telling a story			☐ Expresses anger verbally rather than physically most of the time ☐ Enjoys pretending and dramatic play ☐ Tells jokes (they don't usually make sense) ☐ Tends to exaggerate facts intentionally ☐ Begins to have an awareness of good vs. bad Nonverbal Cues: ☐ Adapts language to listener's level (to baby: daddy went bye-bye to mommy: Daddy went to the store)			

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Non-Verbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
5-6 Years	☐ Counts to 20 ☐ Questions become fewer and more meaningful ☐ Knows common opposites such as big/little, hard-soft, heavy-light ☐ Define common objects in terms of use (hat, shoe, chair) ☐ Understands and names opposites ☐ Simple time concepts (morning, afternoon, night, day, later, after, while, tomorrow, yesterday, today, ☐ Identifies right and left consistently ☐ Invents spelling of words ☐ Knows function of community helpers ☐ Can match upper and lower case letters	☐ Speech should be completely intelligible ☐ Has all vowel and consonants (m, p, b, h, w, k, g, t, d, n, ng, y, F, V, Sh, Zh, Th, l) ☐ Speech is grammatically correct ☐ Uses correct plurals and tenses	☐ Can follow a 3-step direction	☐ Line between fantasy and reality becomes more clear ☐ Begins to see others' point of view ☐ Can accept a fair punishment ☐ Worries about being liked ☐ Proud and possessive of belonging ☐ Has 1-2 best friends which change frequently ☐ Becomes competitive ☐ Distinguishes between right and wrong ☐ Can identify when someone is busy ☐ Knows what sharing is and uses it appropriately	☐ Can wait in line for a turn without help ☐ Says social amenities such as "excuse me" or "I'm sorry" ☐ Independently puts shoes on correct feet	☐ Can walk on a balance beam ☐ Catches a bounced ball ☐ Runs on tip toes ☐ Stands on 1 foot with arms folded across chest ☐ Stands on each foot alternately ☐ Swings each leg separately back and forth independently ☐ Walks up and kicks a ball ☐ Skips on alternative feet ☐ Jumps backwards	☐ Laces shoes (sometimes can also tie) ☐ Colors within lines ☐ Can use small buttons ☐ Cuts and folds paper into simple shapes ☐ Draws figures that look like people, animals, and objects ☐ Copies simple words ☐ Writes numbers 1-9 ☐ Ties knots ☐ Draws a simple house (5 years)

Age	Academic	Expressive Communication	Receptive Communication	Social Skills and Non-Verbal Cues	Self Help	Gross Motor Skills	Fine Motor Skills
7-8 years	☐ Attention span increases considerably ☐ Knows more complex opposites (flies-swims, blunt-sharp, short-long, sweet, sour, etc.) ☐ Understands terms such as alike, different, beginning, and end ☐ Tells time to the quarter hour ☐ Can read simple books ☐ Can write or print with ease ☐ Can see relationships between objects and events or between people in stories.	☐ Can tell a rather connected story about a picture, seeing relationships between objects and happenings ☐ Can relate rather involved accounts of events, many which occurred in the past ☐ All speech sounds should be firmly established ☐ Uses complex and compound sentences	No major milestones	☐ Social amenities should be present in speech and appropriate situations ☐ Can carry on conversation with an adult Nonverbal cues ☐ Control of rate, pitch, and volume are good and firmly established	No major milestones	☐ Carries 10 lbs sack ☐ Stands on each foot alternately with eyes closed ☐ Jumps and turns at the same time ☐ Bounces ball with one hand ☐ Catches ball with 1 hand ☐ Jumps rope ☐ Can do one chin up	☐ Prints first and last name ☐ Cuts out shapes with scissors