



## Summer Recap Newsletter 2023

Milestones News

[advancingmilestones.com](http://advancingmilestones.com)

### Summer of S.T.E.A.M "The Art of Science"

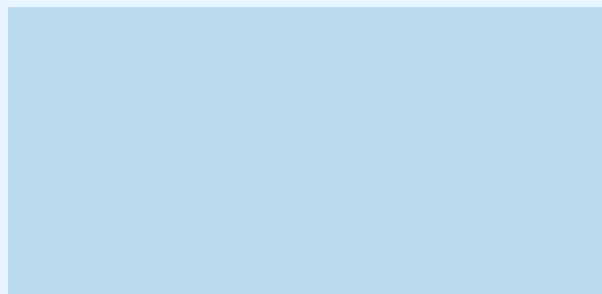
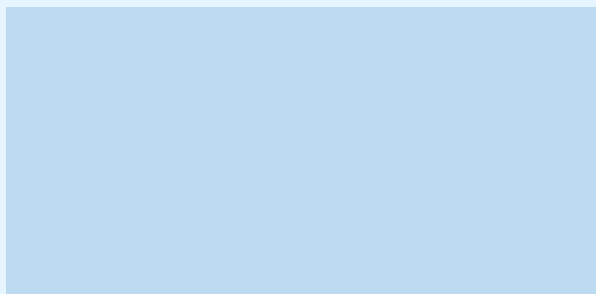


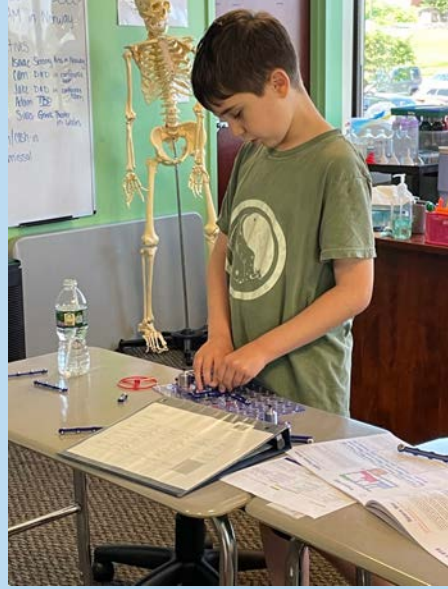
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#### Summer of STEAM

During the summer, Milestones students in our elementary, middle, and high school all took part in our Summer of STEAM. This theme was seen across all core subjects and activities. Every Friday, students took part in a double block where they would participate in a leveled reading about a STEAM topic and then complete an activity on the same topic. For example, during The Art of Science week, students learned about how different artists use geometry in their work. Students then created their own art using geometric shapes and concepts. High school students also took part in a coding class with the goal of coding their own websites. Students worked in small groups with an outside instructor to learn the coding language. Overall, having an all-school theme helped to build a sense of community and provided many opportunities for cross-curricular exploration.

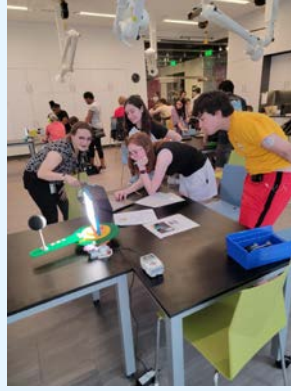
### S.T.E.A.M "The Art of Science"





## Field Trips





Summer fun was had by all from our Elementary to High School students. As part of being a community based instruction school, summer is the perfect time to get out and practice some skills we learned in the classroom. Particular trips like Jay Gee's, Boston Bowl, and Museum of Science gave our students the opportunity to practice patience, time management, and budgeting. Other trips included Chunky's Movie theater, Urban Air, Ecotarium, and the MIT museum. Most trips gave our students a chance to practice flexibility and to utilize their coping strategies within new environments.

## Swimming



Shout out to MPower Athletics (formerly One Stop Fun) for hosting us again this summer!  
**MPower Athletics**





## Senior Seminar

Milestones' seniors spent time at Lasell University participating in workshops related to a number of employment skills. They also participated in role plays to practice and reflect on these skills. Throughout the summer, students developed a resume including their experiences at JobLab. Students worked hard to create resumes that were customized and professional! In the afternoons, students took trips to various locations in the community, including multiple trips on the MBTA. During these trips, students practiced navigation skills and participated in tasks such as asking for a job application at a retail store.

Students also had the opportunity to participate at JobLab at Spaulding Hospital, Cambridge. JobLab is an employment training suite with simulated workplaces. Students participated in hands-on workshops taught by staff from Partners for Youth with Disabilities (PYD). In particular, students practiced



taking on different roles in a replicated CVS and cafeteria setting. They also participated in mock interviews in an office setting.

## Transition Services



Students in our 18+ community and staff members had the opportunity to stay overnight at Lasell College in Newton as a part of our inaugural Skills360 Experience! Students got to experience living away from home for two nights and practice daily living skills such as laundry, riding the T, navigating campus/using a campus map, and individual hygiene. Students participated in workshops focusing on: healthy sleeping habits, how to be a good roommate, healthy relationships, housekeeping, and structuring down time. Students got the experience to travel by train on the green line to meet up with classmates in Chestnut Hill for lunch and leisure, and practiced teamwork while figuring out how to solve an escape room puzzle at Puzzle Break in Newton Center. Students and staff had a great experience, and we look forward to future Skills360 Experiences in the future!



## Important Dates

- September 28th: Back to School Night
- September 29th: Pajama Day
- October 6th: Noon Dismissal
- October 9th: No School
- October 10th: Quarter 1 Ends
- October 18th: Noon

## Parent Support Group Offered

Dr. Bill Salloway (Clinical Psychologist) will be offering a monthly parent support group for the parents of Milestones students. The intention is that this group will be an opportunity for parents to meet and form connections and provide support to each other. There will also be opportunities for educational and clinical presentations based on the interests of the group.

Date and time to be determined.

Please contact Bill for more information at [wsalloway@advancingmilestones.com](mailto:wsalloway@advancingmilestones.com)

Dismissal

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**Onsite Group  
Tour/ Info session:**  
Milestones' Head of  
Admissions, Sarah Folk  
(space is limited to 12 attendees)

10:00am to 12:00 pm  
**October 13th  
&  
November 10th**

## COME VISIT US AND LEARN MORE

Informational tours are open to anyone looking  
to learn more about Milestones.  
Tours are not intended for students.

[Website events link](#)

**RSVP.events@advancingmilestones.com**

410 Totten Pond Road in Waltham  
Please proceed to our lobby on the second floor.

Visit Us



Milestones Day School and Transition Program | [advancingmilestones.com](http://advancingmilestones.com) | 781-895-3200 | [Privacy Policy](#)

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