



ILESTONES
Day School & Transition Program

AdvancingMilestones.com
Waltham, MA 781-895-3200

- ✓ Year-round therapeutic day school for neurodiverse students ages 5-22
- ✓ Fostering academic success, while nurturing social-emotional growth and real-world readiness
- ✓ Anchored by collaboration with ninety-five multidisciplinary faculty members



December 2025

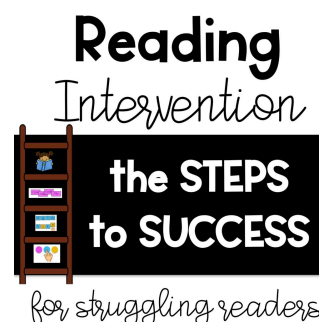
A THERAPUTIC APPROACH to Reading Success

Our multidisciplinary therapeutic programming helps students build regulation skills, enabling them to better access and engage with reading instruction.

When students are regulated, they are better equipped to face academic challenges with resilience and perseverance.

Assistant Clinical Director, Grace Little, MEd, MEd, MS, CCC-SLP

Milestones has seen an increase in referrals for students with Reading disabilities, resulting in **27% of our neurodiverse population diagnosed with Specific Learning Disabilities that impact Reading.** In response to this increasing need, here's what's new as of 2025.



Literacy Profile: All grades

Students with a diagnosed or suspected Specific Learning Disability: A literacy profile is created that outlines strengths and vulnerabilities across all language and literacy domains, resulting in student-specific recommendations for both in- and out-of-classroom settings.

OG certification for Teachers: Elementary

Special Education teachers attended an intensive 60 hours Orton-Gillingham training through The Institute of Multi-Sensory Education. This approach combines the science of reading and structured literacy to provide students with high-level and data-driven literacy instruction.

Daily Reading Block for students: Elementary

A dedicated daily Reading block, led by a OG certified Special Educator or Reading Specialist. Students are placed in reading groups tailored to their current reading needs. Students work towards

their individual IEP goals and build essential literacy skills in reading comprehension, phonics, vocabulary, and fluency.



Reading Department Head, Julia Kimball M.Ed., A/OGA, C-SLDI

"Professionally, being allowed the flexibility to find creative ways to meet the students where they are is so freeing. Collaboration between academic and therapeutic disciplines is the key; this is why we are seeing such great outcomes."

[Learn more about Milestones Reading Department](#)



Testimonial from Middle School Parent



"The highly competent, dedicated, and caring staff at Milestones taught our 14-year-old daughter with severe dyslexia to finally learn to read in 6th grade!"
[within the school year]

[Read More](#)



Testimonial from Brandon, Elementary School Teacher

"Kenny has transformed in the class..
iReady diagnostic scores are almost at grade level!"

[Read More](#)

At Milestones, students find a place where they feel they belong, often for the first time and leave prepared for the next step in their journey. Milestones serves approximately 90 co-ed,

neurodiverse students spanning the ages of 5-22 in our year-round programming. Our multidisciplinary teams (clinical and academic) provide direct and embedded therapeutic instruction focusing on building skills in the areas of: academics & learning differences, executive functioning, psychological resilience, emotional regulation, sensory/motor, and social communication. Our high school and post-high school students generalize skill acquisition by participating in internships and externships, community-based instruction, and if desired college courses. Students emerge with the confidence and skills to achieve a variety of successes, including re-entry to public school, meaningful relationships, fulfilling employment, and college admissions.

Building skills. Changing lives.



410 Totten Pond Road, Waltham, MA 02451
Main Office: 781-895-3200 Fax: 781-895-3226
www.AdvancingMilestones.com



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Milestones Inc. | 410 Totten Pond Road, Floor 2 | Waltham, MA 02451 US

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